



## AUSTRALIAN RESUSCITATION COUNCIL

### CHAIRMAN

Professor I G Jacobs, BAppSc, DipEd, PhD, RN, FRCNA

### DEPUTY CHAIRMAN

A/Professor P Morley, MB BS, FRACP, FANZCA, FJFICM

### SPONSORED BY

. Royal Australasian College of Surgeons

. Australian and New Zealand  
College of Anaesthetists

# 33<sup>rd</sup> Annual Report 2008 / 2009

**I**t is with great pleasure that I present the Australian Resuscitation Council annual report for 2008 / 2009 financial year. The past 12 months has seen significant challenges in the face of unprecedented global financial challenges. Clearly these events have changed the way both organisations and individuals continue to operate where funds become tighter in an environment of increasing demands. Accordingly to all those organisations and individuals who have generously supported the ARC we extend our appreciation and thanks.

**I**n previous annual reports of the ARC acknowledgement of the service provided by Council members usually constitutes the last paragraph. In breaking with this "tradition" I would like to recognise from the outset the following currently serving national Council members and our Executive Officer who have been recognised for their continued and long outstanding service to the ARC.

### **10 YEARS**

Dr Malcolm Anderson	1999 - 2009
Dr Hugh Grantham	1999 - 2009

### **15 YEARS**

Mr John Hall	1993 - 2009
Associate Professor Peter Morley	1993 - 2009
Ms Jennifer Dennett	1994 - 2009
Associate Professor Jim Tibballs	1994 - 2009

### **20 YEARS**

Mrs Carol Carey	1989 - 2009
Professor Ian Jacobs	1989 - 2009

**T**o all my other colleagues on Council please accept the Council's appreciation and personal thanks for all your contributions. I would also like to extend Council's congratulations to Professor John Pearn who received an Officer of the Order of Australia award at the most recent Australian Honours.

**T**he development and continual update of resuscitation guidelines for Australia remains one of the primary roles of the ARC. The adherence to an evidence based approach ensures that ARC resuscitation guidelines represent a synthesis of the best available scientific evidence, clinical expertise and community values. In this regard we have commenced discussions with the National Institute of Clinical Studies and the National Health and Medical Research Council to facilitate access, adopting and implementation of the ARC guidelines. This is in addition to the ARC decision last year to make all the resuscitation guidelines freely available and downloadable via the ARC website.

**O**n the international scene our commitment - along with the New Zealand Resuscitation Council - in the International Liaison Committee on Resuscitation (ILCOR) remains extensive and ongoing. The current review of the resuscitation science, currently being undertaken in preparation for the publication of the international consensus on the resuscitation science in 2010, is a good example of our significant involvement in this area. It is also pleasing to report that collaboration with our colleagues from the New Zealand Resuscitation Council remains strong.

**T**he past several years has seen the introduction and development of the Intermediate Life Support and Advanced Life Support courses – cobadged with the Resuscitation Council UK - in Australia. In addition we have developed an ARC instructor's course which has been well received. To date there have been:

ALS:

- 53 courses
- 801 participants

ILS

- 146 courses
- 1370 participants

Instructors

- 4 courses
- 81 participants

**T**he demand for these courses remains high with the ARC engaging a part-time course co-ordinator who will oversee the administration and further development of the courses. The co-ordinator can be contacted via email [ARC.Courses@surgeons.org](mailto:ARC.Courses@surgeons.org)

**A**pril 2009 also saw the ARC conduct its 7<sup>th</sup> Spark of Life conference which was held in Hobart. The conference was well received with 619 delegates attending. The theme of the conference was "Any Attempt at Resuscitation is Better Than No Attempt" which was consistently emphasised throughout the conference.

**W**e look forward to the 8<sup>th</sup> Spark of Life Conference in Perth in 2011 which will be soon after the release of the international consensus on resuscitation science.

The next 12 months will see further developments and enhancements in the way the ARC operates and in its work plan. Specific objectives for the next 12 months include:

- Further enhancing the evidence base framework for developing guidelines.
- Advocating for further development of CPR in schools.
- Facilitating development and implementation of the ALS, ILS and Instructor courses.
- Providing additional resource material via the subscriber's area on the ARC website.
- Developing closer links with the New Zealand Resuscitation Council and the international resuscitation community.

It has once again been a pleasure to chair the ARC during the past 12 months. I do record my sincere appreciation to my colleagues on Council, the Executive Committee and Carol Carey who holds the whole thing together.



Professor Ian Jacobs  
Chairman

July 2009