Assess for:

- **Upper airway obstruction** (stridor, oral swelling)
- **Lower airway obstruction** (wheeze, respiratory distress)
- **Shock** (dizziness, pale, clammy)

Call for help

Remove trigger / causative agent
Position flat or sitting, not walking or standing

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**Cardiac arrest?**

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**NO**

- **Adrenaline IM**  
  *Use auto injector if available*  
  *(preferred injection site upper outer thigh)*  
  **Adults:** 0.5mg (0.5ml of 1:1,000)  
  **Children:** 10mcg/kg (0.01mL/kg of 1:1,000)  
  *(min dose 0.1mL, max dose 0.5mL)*  
  Repeat every 5 minutes as needed

- Attach cardiac monitoring  
  High flow oxygen  
  IV access

- For shock:  
  0.9% saline rapid infusion  
  **Adults:** 1,000mL  
  **Children:** 20mL/kg

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RESOLUTION

Call for specialist advice  
Consider:

- Transfer to advanced care setting
- Further 0.9% saline
- Nebulised **adrenaline** for upper airway obstruction
- **Adrenaline** infusion
- Inotropic support
- Nebulised **salbutamol** for lower airway obstruction

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**YES**

- Refer Advanced Life Support algorithm

- Observe (4 hours min)  
  Monitor vital signs, reassess ABC

- Consider **steroids** and oral **antihistamine**

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**RESOLUTION**

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January 2019