# INDEX OF ARC & ANZCOR GUIDELINES

## FRONT PAGE OF MANUAL

### ARC DISCLAIMER & COPYRIGHT STATEMENT

<table>
<thead>
<tr>
<th>Month</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>July</td>
<td>2017</td>
</tr>
</tbody>
</table>

### GLOSSARY OF TERMS

<table>
<thead>
<tr>
<th>Month</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>March</td>
<td>2017</td>
</tr>
</tbody>
</table>

## SECTION 1 - THE COUNCIL

<table>
<thead>
<tr>
<th>Guideline</th>
<th>Title</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.1</td>
<td>Aims and Objectives of the Australian Resuscitation Council</td>
<td>March 2003</td>
</tr>
<tr>
<td>1.2</td>
<td>Guideline Decisions of the Australian Resuscitation Council</td>
<td>March 2003</td>
</tr>
<tr>
<td>1.3</td>
<td>Process for Developing Resuscitation Guidelines</td>
<td>March 2017</td>
</tr>
<tr>
<td>1.4</td>
<td>Principles and Format for Developing Guidelines</td>
<td>March 2017</td>
</tr>
</tbody>
</table>

## SECTION 2 - ASSESSMENT

<table>
<thead>
<tr>
<th>Guideline</th>
<th>Title</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>Managing an Emergency</td>
<td>August 2016</td>
</tr>
</tbody>
</table>

## SECTION 3 - THE UNCONSCIOUS STATE

<table>
<thead>
<tr>
<th>Guideline</th>
<th>Title</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Recognition and First Aid Management of the Unconscious Victim</td>
<td>January 2016</td>
</tr>
</tbody>
</table>

## SECTION 4 - AIRWAY

<table>
<thead>
<tr>
<th>Guideline</th>
<th>Title</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>Airway</td>
<td>January 2016</td>
</tr>
</tbody>
</table>

## SECTION 5 - BREATHING

<table>
<thead>
<tr>
<th>Guideline</th>
<th>Title</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Breathing</td>
<td>January 2016</td>
</tr>
</tbody>
</table>

## SECTION 6 - COMPRESSIONS

<table>
<thead>
<tr>
<th>Guideline</th>
<th>Title</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>Compressions</td>
<td>January 2016</td>
</tr>
</tbody>
</table>

## SECTION 7 – DEFIBRILLATION

<table>
<thead>
<tr>
<th>Guideline</th>
<th>Title</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>Automated External Defibrillation in Basic Life Support</td>
<td>January 2016</td>
</tr>
</tbody>
</table>

## SECTION 8 - CARDIOPULMONARY RESUSCITATION

<table>
<thead>
<tr>
<th>Guideline</th>
<th>Title</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>Cardiopulmonary Resuscitation</td>
<td>January 2016</td>
</tr>
</tbody>
</table>
SECTION 9 – FIRST AID GUIDELINES

9.1 - TRAUMA

Guideline 9.1.1  First Aid for Management of Bleeding  July 2017
Guideline 9.1.2  DELETED November 2012
Guideline 9.1.3  Burns  January 2016
Guideline 9.1.4  Head Injury  January 2016
Guideline 9.1.5  Harness Suspension Trauma – First Aid Management  July 2009
Guideline 9.1.6  Management of Suspected Spinal Injury  January 2016
Guideline 9.1.7  First Aid Management of a Crushed Victim  November 2019

9.2 – MEDICAL

Guideline 9.2.1  Recognition and First Aid Management of Heart Attack  August 2016
Guideline 9.2.2  Stroke  August 2016
Guideline 9.2.3  Shock: First Aid Management of the Seriously Ill or Injured Person  November 2019
Guideline 9.2.4  First Aid Management of a Seizure  November 2014
Guideline 9.2.5  First Aid for Asthma  November 2016
Guideline 9.2.6  DELETED November 2012
Guideline 9.2.7  First Aid Management of Anaphylaxis  August 2016
Guideline 9.2.8  The First Aid Management of Hyperventilation Syndrome  November 2008
Guideline 9.2.9  First Aid Management of a Diabetic Emergency  November 2017
Guideline 9.2.10  The Use of Oxygen in Emergencies  January 2016

9.3 - ENVIRONMENT

Guideline 9.3.1  DELETED November 2012
Guideline 9.3.2  Resuscitation of the Drowning Victim  March 2014
Guideline 9.3.3  Hypothermia: First Aid and Management  February 2009
Guideline 9.3.4  Heat Induced Illness (Hyperthermia)  January 2016
Guideline 9.3.5  Resuscitation of Divers who have used Compressed Gas  November 2011
Guideline 9.3.6  Cold Injury  March 2000

9.4 – ENVENOMATION

Guideline 9.4.1  Australian Snake Bite  March 2020
Guideline 9.4.2  Spider Bite  July 2014
Guideline 9.4.3  Tick Bites and Bee, Wasp and Ant Stings  August 2016
Guideline 9.4.4  DELETED July 2012
Guideline 9.4.5  Jellyfish Stings  July 2010
Guideline 9.4.6  Blue-Ringed Octopus and Cone Shell  July 2014
Guideline 9.4.7  Fish Stings  July 2014
Guideline 9.4.8  Pressure Immobilisation Technique  August 2011

9.5 – POISONING

Guideline 9.5.1  Emergency Management of a Victim who has Been Poisoned  July 2011
Guideline 9.5.2  Deleted – July 2011
Guideline 9.5.3  Deleted – November 2011
SECTION 10 – EDUCATION AND IMPLEMENTATION

Guideline 10.1 BLS Training March 2013
Guideline 10.2 Advanced Life Support Training March 2020
Guideline 10.3 Cross Infection Risks and Manikin Disinfection December 2010
Guideline 10.4 Reserved
Guideline 10.5 Legal and Ethical Issues related to Resuscitation November 2015
Guideline 10.6 Family Presence During Resuscitation August 2016

SECTION 11 - ADULT ADVANCED LIFE SUPPORT

Guideline 11.1 Introduction to and Principles of In-hospital Resuscitation February 2019
Guideline 11.2 Protocols for Adult Advanced Life Support August 2018
Guideline 11.3 Precordial Thump & Fist Pacing July 2011
Guideline 11.4 Electrical Therapy for Adult Advanced Life Support January 2016
Guideline 11.5 Medications in Adult Cardiac Arrest August 2016
Guideline 11.6 Equipment and Techniques in Adult Advanced Life Support August 2016
Guideline 11.8 Targeted Temperature Management (TTM) after Cardiac Arrest January 2016
Guideline 11.9 Managing Acute Dysrhythmias November 2009
Guideline 11.10 Resuscitation in Special Circumstances November 2011
Guideline 11.10.1 Management of Cardiac Arrest due to Trauma April 2016

SECTION 12 - PAEDIATRIC ADVANCED LIFE SUPPORT

Guideline 12.1 Introduction to Paediatric Advanced Life Support August 2018
Guideline 12.2 Advanced Life Support for Infants and Children: Diagnosis and Management March 2016
Guideline 12.3 Flowchart for the Sequential Management of Life-Threatening Dysrhythmias in Infants and Children January 2016
Guideline 12.4 Medications & Fluids in Paediatric Advanced Life Support August 2016
Guideline 12.5 Management of Specific Dysrhythmias in Paediatric Advanced Life Support August 2016
Guideline 12.6 Introduction to Paediatric Advanced Life Support Techniques in Paediatric Advanced Life Support January 2016
Guideline 12.7 Management after Return of Spontaneous Circulation (ROSC) January 2016

SECTION 13 – NEONATAL GUIDELINES

Guideline 13.1 Introduction to Resuscitation of the Newborn Infant August 2018
Guideline 13.2 Planning for Neonatal Resuscitation and Identification of the Newborn at Risk January 2016
Guideline 13.3 Assessment of the Newborn Infant January 2016
Guideline 13.4 Airway Management and Mask Ventilation of the Newborn Infant January 2016
Guideline 13.5 Tracheal Intubation and Ventilation of the Newly Born Infant August 2016
Guideline 13.6 Chest Compressions during Resuscitation of the Newborn Infant August 2016
Guideline 13.7 Medications or Fluids for the Resuscitation of the Newborn Infant August 2016

Index of Guidelines Page 3 of 4
Guideline 13.8  The Resuscitation of the Newborn in Special Circumstances  January 2016
Guideline 13.9  After the Resuscitation of a Newborn Infant  January 2016
Guideline 13.10 Ethical Issues in Resuscitation of the Newborn Infant  January 2016

SECTION 14 – ACUTE CORONARY SYNDROMES (ACS)

Guideline 14  ACS: Overview & Summary  February 2011
Guideline 14.1.2  Acute Coronary Syndromes: The Use of a Gastro Intestinal Cocktail for the Diagnosis of Acute Coronary Syndrome in Adult Emergency Department Patients presenting with chest pain  August 2014
Guideline 14.2  ACS: Initial Medical Therapy  January 2016